

Training on “Self Defense for Girls”

Name of Activity:	Training on “Self Defense for Girls”
Date and time of Activity conducted:	18 Oct. 2024, 09.00 am
Target Group:	B.A. – I & B.com. - I
Name of Organizers:	Internal Complaint Committee and Discipline committee.
Name of the Trainer:	Miss Ketaki Awaghade

Short Description of activity conducted:

Training workshop on Self Defence for girls was inaugurated by ICC chairman Prof. Dr. Varsha Sahadev. She given preface of the programme. Miss ketki Awaghade has demonstrated Yoga and defence practicals. She has given training of defence to the girls personally. Miss ketki Awaghade has talked through the self defence training, the girls are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress. Miss Aswini Deshmukh expressed vote of thanks.

PO's- Students have taken information about defence.

PSO's- Students aware about fitness of body and follow it in their life.

Photo plate

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Prof (Dr.) Varsha Sahadev
Chairman, ICC

Shri. Sunil Patil
Chairman, Discipline

Principal
Smt. Vijaylaxmi Yashwantrao
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